



# DSTA Newsletter

For Australian Defence Force Families

## DSTA ROLE

- ◆ Welcome and farewell families
- ◆ A contact for parents of ADF families in the school
- ◆ Assist children to quickly develop a sense of belonging in the school community
- ◆ Support children when a Defence parent is on deployment. Please let your child's teacher and myself know if this occurs. We will work together to support your child
- ◆ Encourage children in their friendships and schooling activities
- ◆ Enhance the relationship between the school and the Defence community

### JESS WILL BE AT SCHOOL

DSTA Role  
Tuesday  
0900 – 1500

Thursday  
0900-1445

SSO Role  
Friday  
0840 – 1245

# Welcome

Welcome back to the last term of 2018. I hope you all had a chance to relax from the daily school routine over the school holidays.

Term 3 was a very busy term for the students as well as myself, this term posing to be the same. I attended a DSTA Training day at Hewitt Primary School last term, where we were able to keep up to date with Defence news as well as sharing ideas with one another.

Sue Lemmer and I visited the Edinburgh RAAF base, we witnessed the military dogs and their trainers in a training exercise, we then moved on to view the amazing machinery used by the military. Most importantly I gained more of an insight into the military lifestyle and the home/work life challenges faced for Defence workers and their families.



## Snapshot Of Term 2 & 3

### Defence Kids' Club

Term 3 was undoubtedly a very busy term, I had to postpone the planned Kids club and due to all the events held at the school I was unable to lock anything in for the term. That being said we have already held our first kids club for Term 4, a farewell to Hayden who is having an extended holiday before his families new posting to Canberra. I anticipate another one to be held towards the end of this Term for any farewells there may be and a celebration for the end of the year!

### Power to be Positive



The Power to be Positive excursion was a success. Students from year 4-7, Cathy McHolm and I travelled to Adelaide oval in week 3 of term 3. Students learnt skills that can be used when faced with challenges. These skills included growth mindset, mindfulness and goal setting.



## Things to Remember For Term 4

**Remembrance Day Gathering** Will be held on Friday 9th November at 1030hrs and will run for approximately 30minutes.

Due to Remembrance Day falling on a Sunday this year, it was a decision made by our Principal, David Cowles to hold the gathering prior to the day.

This ceremony is being conducted by Emily Gardiners year 6/7 Class, where Emily and I have worked with the children to deepen their understanding of Remembrance Day. It would be great if you could attend.



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Q. What starts with an E and ends with an E and is full of letters?

(Answer at the bottom of the page)

### Are you and your family moving at the end of the year?

If you are being posted at the end of the year, please let your child's teacher or myself know so we have enough time to gather the relevant information for you to take with you.



If you wish to talk more, please contact me by phone on 82601681 on the days I am available.

Alternatively you can contact me any-time via email on [jessica.keenan380@schools.sa.edu.au](mailto:jessica.keenan380@schools.sa.edu.au)

A. An Envelope