

HEALTH and PHYSICAL EDUCATION 2020

Dear Parents/Care-giver

Our names are Des Deuter and Michael Lukacs, we are your child's Health and P.E. Teachers.

We've been teaching in this specialist area for over 20 years and are committed to Mawson Lakes for the long term.

Your child will be involved in another exciting year in Health and Physical Education. Children need to be aware of the importance of being physically active and know how to take responsibility for their own fitness and health. When students are taught the benefits of P.E. they can better understand that exercise and fitness leads to an improved quality of life.

Things to remember:

- Please see your Class Teacher for PE lesson times/days
- It is expected that students will participate in a variety of enjoyable PE activities throughout the year.
- Students must wear appropriate footwear and a school hat. The school's 'No hat, no play' policy applies.
- Students must have a note from home explaining why they cannot participate in a P.E. lesson due to problems with clothing, illness or injury.

We look forward to meeting you throughout the year.

Kind regards

Michael Lukacs and Des Deuter

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